



ROCKSOLID

CHRISTIAN ACADEMY

COVID-19 | RETURN TO SCHOOL PLAN

Last updated 8/31/2020

For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future. - Jeremiah 29:11

During these uncertain times, we can find comfort in knowing that The One who created the universe holds us in the palms of his hands and that He sits on the throne. As we move forward with reopening Rock Solid Christian Academy, we want to do so safely and in compliance with our local government officials. The health of our entire RSCA family will continue to be our top priority as we return to school. It will also be our priority to continue the mission that God has clearly set forth for us: to disciple character witnesses of Christ for the next generation. We have been working closely with The Pearl Church and the Early Learning Center to diligently formulate a plan that is mutually acceptable and satisfies the ever-changing recommendations being placed before us. It has been a daunting task. We recognize the risk of spreading COVID-19 still exists, therefore, in order to minimize the risk, we will need to temporarily adopt new policies. This living document will be updated regularly, taking into account federal, state, and local public health guidance and state and local public health orders.

Symptom Screening

Upon arrival at RSCA, all students and staff will undergo symptom screening and a temperature check before entering the building.

Symptoms include:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue

- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Your health and the health of our RSCA community is very important. We need you to stay home to take care of yourself, and to minimize exposure. If you are sick, become sick, or have been in close contact with someone exhibiting symptoms of COVID-19, please follow these guidelines.

If a student is sick:

- Stay at home
- Notify RSCA
- Seek appropriate medical attention

If a student becomes sick while at school:

- Notify the administration immediately
- Parents will be notified to pick the student up immediately
- Student will be placed in a supervised isolation room until parent arrives
- Seek appropriate medical attention

If you have been in close contact with someone exhibiting symptoms of COVID-19:

- Stay at home
- Notify RSCA immediately
- Seek appropriate medical attention

See below for RSCA Response to possible COVID-19 exposures and confirmed cases.

New Guidelines

Entering the Building

All RSCA staff, students, families, and visitors must enter and exit through Door #7 ONLY. Temporarily, RSCA may NOT use the elevator. If you need assistance getting items up the stairs, please let RSCA know. This is to eliminate cross-contamination between Rock Solid and the Early Learning Center. If we do not share space, we will

not have to shut down if the ELC experiences a confirmed case of COVID-19 and vice-versa.

Face Coverings

Governor Polis has issued a state-wide mandate that all individuals over the age of 10 must wear a mask when inside a public building. In compliance with this order, all staff and students who are 11 years of age and older will be required to wear a mask while inside the building. This order is set to expire on September 15th. At that time, unless the order is extended, we will require staff and students to wear face coverings when it is not possible to maintain physical distance. Examples may include: entering and exiting the building, walking in the hallways, when close instruction is taking place, and during any gatherings of more than 20 people. Medical exemptions are allowed.

Minimize Contact

The more we minimize contact, the more we minimize spread. We will be discouraging visitors to RSCA. This includes parents. While we all know that face-to-face is the best way to communicate, we encourage you temporarily to email, text, or call instead. If you need to meet face-to-face, please maintain six feet social distancing measures.

Maintain Social Distancing

Maintain a 6-foot rule of social distancing whenever possible. Classrooms will be arranged in a manner to comply with this recommendation. Limit 2 people in the restroom at a time. Distance may be key to slowing the spread of COVID-19.

Air Flow

The CDC recommends opening windows and doors to increase air circulation and flow. Classroom windows and doors will be open whenever possible. Fans and air purifiers will also be used to keep the air flow moving. Teachers will be encouraged to hold classes out of doors if weather and circumstances allow.

Shared Items

The use of shared items will be limited as much as possible. Middle and high school students will keep their personal items with them or in their lockers at all times. Elementary students will use personal totes for storing their classroom items. Drinking fountains will be covered and unavailable for use.

Lunch

All elementary students will eat lunch outside, weather permitting. On days when students are not able to go outside, they will eat in their classrooms under the supervision of their teachers. Please pack items that students can easily open themselves. We encourage you to allow students to practice opening different containers prior to the first day of school.

Secondary students may eat outside or in the 4th floor Atrium. Social distancing is expected during lunch.

Student Dismissal

All students and staff will exit through door #7. Elementary students will be escorted outside where parents may pick them up.

Cleaning Protocols

Keep Surfaces Clean

Keeping surfaces clean will be critically important to mitigate risk. We will be partnering with The Pearl Church janitorial team to stay vigilant in keeping common surfaces clean. Common surfaces will be wiped down before the start of the day. At the end of each class, common surfaces will be wiped down again before a new class enters. At the elementary level, common surfaces will be wiped down during recesses and other breaks. The janitorial team will do a deep cleaning of bathrooms and uncommon areas at the end of each school day.

Hand Washing

Students will be required to wash their hands often. Hand-washing breaks will be scheduled for our elementary students. The CDC has guidelines on how clean hands stop the spread of COVID-19.

Follow these 5 steps every time:

- Wet your hands with clean, running water (warm or cold), turn off the tap, and apply soap
- Lather your hands by rubbing them together with the soap. Lather the backs of your hands, between your fingers, and under your nails

- Scrub your hands for at least 20 seconds. Need a timer? Hum the “Happy Birthday” song from beginning to end twice
- Rinse your hands well under clean, running water
- Dry your hands using a clean towel or air dry them

There will also be five touchless hand-sanitizing stations placed in the hallways.

Exposure and Confirmed Cases Response

If Someone Becomes Ill While at School

If a staff member becomes ill while at school and COVID-19 is suspected (coughing, fever, body aches), the staff member will leave immediately for home. All work areas will be cleaned and disinfected and affected families will be notified. The staff member may not return to work until a negative COVID-19 test has been received.

If a student becomes ill while at school and COVID-19 is suspected (coughing, fever, body aches), the student will be placed into a supervised isolation room until picked up by a parent. All work areas will be disinfected and affected families will be notified. The student may not return to school until a negative COVID-19 test has been received.

If the exposed person prefers not to take a COVID-19 test, he/she may quarantine for 14 days instead.

Symptomatic

If you are experiencing COVID-19 symptoms, stay at home until cleared by a doctor. Notify RSCA immediately so cleaning and disinfecting may take place.

Exposure

If you have been exposed to someone with COVID-19, stay at home! Notify RSCA immediately so cleaning and disinfecting may take place.. If the exposed individual has been at RSCA since they were exposed, RSCA will close for 24 hours in order to thoroughly clean and disinfect. The exposed person may not return to RSCA until a negative COVID-19 test has been received. If the exposed person prefers not to take a COVID-19 test, he/she may quarantine for 14 days instead.

Confirmed Case

If there is a confirmed case of COVID-19 at RSCA, we will immediately notify local health officials. These officials will help administrators to determine a course of action.

Students and most staff will be dismissed for 2-5 days. This initial short-term dismissal allows time for the local health officials to gain a better understanding of the COVID-19 situation impacting the school and for custodial staff to clean and disinfect the affected facilities. We will work with local health officials to determine appropriate next steps, including whether an extended dismissal duration is needed to stop or slow further spread of COVID-19.

All families will be notified immediately and a switch to remote learning will take place until health officials tell us it is safe to return. The infected individual must quarantine for 14 days and have a negative COVID-19 test before returning to school.

Negative COVID-19 Test Alternative

If the teacher/student/family does not wish to obtain a negative COVID-19 test result, an alternate option is available. The CDC recommends symptomatic individuals can resume interaction with others after 3 days with no fever (without medication to reduce a fever), respiratory symptoms have improved, **AND** at least 10 days have passed since symptoms first appeared.

We recognize that this is a difficult and uncertain time, but we trust that God is still firmly in control and that together we can face the unknown with faith and confidence. Through prayer, we will continue to seek God's will and ultimately will rely on His given wisdom and leading to make decisions that we feel are the best for the overall health and safety of our school community. Our staff is here for you and we are praying for all our families by name. If you have any questions or concerns, or if there is anything we can do to help, please don't hesitate to reach out to us.

